

TRUONG VAN DUC

THE 3-MONTH ENGLISH

HOW TO SPEAK ENGLISH
NATURALLY AND FLUENTLY
IN 3 MONTHS

This book also includes:

How to speak English like American speaker

How to study 500 new words in one week

How to get a successful interview for job or visa

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INTRODUCTION

All of us have our own dreams, the dreams we always desire to achieve, we strive our best for them but many dreams have never come true because of the only barrier "You can't speak English naturally and fluently".

You desire to study abroad, you want to get a better life but you can't speak English naturally and fluently, so you can't make your dream come true.

You learn hard at school and you desire to work in a good company to raise your life. You're really good at your major but you can't speak English naturally and fluently, so you can't make your dream come true.

You are working in a company and your performance is very high, but the company doesn't appreciate your ability and doesn't pay the salary worthy to your performance. You want to leave this company and find a better job in a better company but you can't speak English naturally and fluently, so you don't have many choices.

Many of us can't make our dreams come true because of this language barrier. Don't let your dreams leave because of this barrier. Live your dreams and get efforts to make your dreams come true.

If you commit to spend three-month effort for this book, I promise to help you overcome this language barrier to achieve every dream you desire.

Wish you success!

SCHEDULE FOR LEARNING ENGLISH IN THIS BOOK

You'll need 3 months (13 weeks) to speak English naturally and fluently in any situation:

Week 1: Read Chapter Introduction, Chapter Test and Chapter Pronunciation.

Week 2 – 5: Practice the Exercises in Chapter Pronunciation.

Week 6-9: Read and Practice the Exercises in Chapter Speaking

Week 10 – 13: Read and Practice Chapter Listening

If you follow the methods in this book with the schedule above, I'm sure 100% you'll speak English naturally and fluently in 3 months.

If you can't speak English naturally and fluently in 3 months by practicing the methods in this book. I guarantee to pay back 100% your money for this book.

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To help you learn English efficiently, I offer you a permission to print this book out one copy for yourself.

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If you use the computer to open this ebook, the font may be so big, decrease it down to have the best look!

CHAPTER INTRODUCTION: THE REASONS YOU'RE NOT SUCCESSFUL IN LEARNING ENGLISH!

"All our dreams can come true, if we have the courage to pursue them"

Walt Disney

The reasons you're not successful in learning English and the methods to solve them:

- 1. You evaluate your English level through Listening and Speaking skills, but you spend most of the time on practicing Grammar, Reading and Writing:**

Are you in this situation? If the answer is "Yes", I'm sure your Listening skill is bad and you can't speak English though you spend a lot of time on English. You spend most of the time on learning Grammar, Vocabulary, practicing Reading, Writing, and you hope your Listening, Speaking skills will be better by themselves. It's almost impossible.

Someone asks me "**If I don't comprehend Grammar, Vocabulary, how can I learn Listening and Speaking?**" This question is reasonable, you can't speak English and listen to a native English speaker if you don't have the basic English vocabulary and grammar. But your real problem in this situation is that you don't know how to measure your Grammar and Vocabulary and you also don't know how to learn Listening and Speaking skills effectively (because of approaching the wrong method), so you keep learning more grammar and vocabulary year by year.

What's the solution?

It's unacceptable if you don't know grammar, but how much grammar is enough? In Chapter Test, I'll help you check your grammar and if you pass it, it means you have enough grammar to learn Listening, Speaking skills presented in this book.

It's also unacceptable if you don't have some necessary vocabulary in mind if you want to listen and speak English effectively. In this book, you'll know how to learn vocabulary intensively with suitable topics in your own situations and you'll never forget them. You also learn methods to remember 500 new words in suitable contexts within a week to communicate English effectively.

I'll show you an effective method to help you speak English naturally and fluently within 3 months. Give me 3 months and I'll help you become an English expert.

2. You approach English in the incorrect method from beginning:

- You don't know the most effective method to learn speaking skill:

Have you ever practiced speaking English with a friend, a teacher or a foreigner yet? If you say "Yes", I'm sure that you'll cope two following issues:

You don't know what to talk about.

You feel embarrassed to speak English with others.

These two problems come from two larger problems from yourself:

You don't know how to create content for communication, you therefore don't know what to talk about, so you can't speak English.

You don't know how to practice speaking English, you therefore can't pronounce English fluently and your response is slow, so you can't speak English.

If you cope these two problems, I'm sure your improvement in English speaking will be slow and you may learn up to 10 years and still not speak English naturally and fluently. But if you approach the right method, you only need less than 3 months to communicate English confidently and fluently with foreigners.

What's the solution?

You must know how to create content for communication. I'll show you how to do that in Chapter Speaking easily and quickly.

You must practice speaking English by yourself or with others frequently. I'll show you how to do that throughout the book so that you can open your mouth to pronounce English in standard and nature surprisingly.

You worry that you can't pronounce English in standard? Be relax, I'll show you how to pronounce English in standard with your own voice and make it become your nature voice ever through this book in Chapter Pronunciation.

3. Learning English speaking in class is the best choice?

Speaking skill is only learned through real communication face to face each others frequently. It means there's only one way to master English speaking "Find someone and then practice Speaking". No matter how long you spend on learning English, if you don't spend enough time on Speaking, you'll never speak English naturally and fluently.

If you sign up for a class, it means that a teacher will manage 20 students, you only have 1/20 chance to communicate English with your teacher. It also means that you're 20 times slower than if you have chance to communicate English face to face full time with others.

If you sign up for a class and I assume that you don't speak English well with others because you're afraid to speak English (because of embarrassment and not knowing what to talk about), other classmates will have more chance to talk and talk, so you almost have no chance to communicate English. Then you're not only 20 times slower than but also double that number up to 40 times slower than if you have chance to communicate English face to face full time with others.

What's the solution? How to speed up and have the opportunity to communicate English full time with others?

Don't go to a class to learn English Speaking, instead find a friend to learn Speaking skill:

A friend will help you avoid embarrassment when you communicate English. In the first period of learning a new language, everyone is embarrassed to speak English with others and if you never practice speaking English, you'll never communicate English naturally and fluently.

A friend with face to face communication will help you increase the actual amount of time for English communication in real up to 20 times compared to signing up for a class.

On the other hand, it's not limited by time as in the class so you'll feel more comfortable and concentrative, therefore you can speak English better.

If you must choose between a process of learning to speak English naturally and fluently within 3 months and a process of taking more than 3 years but still not master English, what will you choose? In the first period of learning English, I chose 3-year process because I had no right direction and I lost almost two wasted years and still not master English until I found the effective process of learning to speak English intensively. With new process, I mastered English less than 3 months while I was still a student.

Someone still wonders "If learning with a friend, I never have a chance to listen to foreigners who speak English in standard and I never have a chance to communicate English with native English speakers".

Completely right! You'll never understand what native English speakers say if you don't often hear them say. But is signing up for a class the best way? In Chapter Listening, I'll show you how to practice listening in practical situations by the most standard accent with native English speakers. I'll show you how to spend

less than 10 US dollars to have a chance to practice listening English with unlimited time effectively or you want to waste thousands of dollars to go to a class just for listening to native English teachers? It's all your decision.

You're never fluent in English if you never speak English with foreigners. Completely right, but it's just your own thought without considering the whole process and the advantages if you choose to learn English with a friend:

You learn with a friend and no one laughs you, your progress therefore will be faster. You'll speak English freely, confidently and feel relax to correct your mistakes with a friend. You only achieve proficiency in English Speaking through real communication, not through any other ways. Learning with a friend will give you maximum time to practice and practice speaking and you'll shorten your learning schedule more than 20 times compared to a class.

You learn English with a friend and your friend can't speak English in standard. This is an advantage rather than a disadvantage because it's a good opportunity for you to listen to non-standard English. If you can understand a non-standard English speaker clearly, can you understand a native English speaker? Of course you can and maybe you don't believe in your ability then.

Finally, you must also communicate English with foreigners and due to what you've learned with a friend, you've learned so much vocabulary, pronunciation and talked so much and you're no longer embarrassed to communicate with foreigners in fact.

In Chapter Speaking, you're guided how to create content for communication and how to find a foreigner to communicate English with no cost. Be patient, you'll communicate English naturally and fluently within 3 months.

Where can I find a friend to learn English with?

The best way is to find someone you know such as classmates, colleagues or friends in the internet through yahoo, skype or facebook ... they often have free time to practice English with you and they also want to improve their Listening, Speaking skills.

Otherwise, if you can't find a friend to study English with, I'll give you some solutions:

You can visit my blog www.threemonthenglish.com/my-blog/ or [my facebook](#) to make friends with others who want to learn English just like you. Then, you'll have someone for learning English with. I open this page to support you for learning English, join it and you will be perfect in English Speaking.

You can go [facebook](#) and type "**English**" to the **Search** option. There are many pages that are held for international English learners who find someone like you to study English with. You can make friends with some of them to practice English speaking.

4. You're too old to start learning English:

- From the experience of learning English myself and teaching others, I know that it's wrong. If you are aged between 16 and 35, you'll learn English most easily and effectively. Your current issue in this situation is that you really don't know any method to practice English effectively and that's the reason you think you can't learn English well.
- In addition, you see that children and young persons can speak English very well but you don't. The reason these kids can speak English well is because they don't feel shy to speak English (because at their age they don't understand what shy is) and they therefore speak English so frequently and this frequency helps them speak English very well. How about you? You feel shy and embarrassed so you

never open your mouth to communicate, that's why you're not good at English Speaking.

What's the solution?

Practice speaking English frequently with a friend, colleague to reduce shy and embarrassment in the first stage of learning English and then practice speaking English with foreigners, I'm sure you can speak English as well as children and young persons.

- You think you can't learn new vocabulary, but the kids learn it very fast. This is somewhat right and somewhat wrong.

It's right that you can't learn vocabulary word by word because it's boring and not practical, but the kids don't feel boring (because they don't have strong feeling of boredom as you) so they can learn new vocabulary very easily.

It's wrong that you can't learn multiple vocabulary. In fact, from my experience I know that you can learn multiple vocabulary of the same topic easily while the kids are hard to do that because they aren't good at connecting words and their meaning in topic easily like you.

What's the solution?

Learning vocabulary in topic is the best solution for you. With the method presented in this book, you can learn how to remember 500 new words of the same topics within a week and you can't forget these words, and you also know how to apply these vocabulary in specific situations.

Note:

You need to buy a notebook to complete the exercises in this book if you want to study English effectively.

Wish you success!

CHAPTER TEST: WHAT LEVEL OF GRAMMAR

DO YOU HAVE?

“A journey of a thousand miles begins with a single step”

Lao Tzu

Introduction:

Have you ever self-evaluated what level of grammar you have? If not, I'm sure you'll spend so much time on practicing grammar, even though basically, you have mastered grammar at a quite good level, and then you don't have time to practice other skills such as listening, speaking, and that's why you're so bad at listening and speaking skills.

Don't let this situation happen, instead, evaluate your grammar to know what level you have. With proficiency in English grammar in this book, you can be completely confident that you can understand 90% of English grammar, then spend more time on learning other skills to master English Speaking proficiently within 3 months.

To save time, I'll help you check your grammar. If you have enough this essential grammar, learning grammar more and more is almost useless and wastes time.

Lesson 1: Test your grammar level

Exercise 1: Test your comprehension of pronouns (Pro), nouns (N), verbs (V), adjectives (Adj), adverbs (Adv).

Method:

Use the following root structure:

S + V + O

Define types of each word in the sentence

Example: I eat two cakes at home.

S V O

Type: Pronoun V_{main} number N Adv_{place}

Example: I will eat a cake tomorrow.

S V O

Type: Pronoun V_{modal} V_{main} Article N Adv_{time}

Exercise: Define the types of each word in the sentences below:

1. I eat apple

Type:

2. I eat green apple

Type

3. I eat green apple at home

Type

4. I eat green apple at home at 7 p.m

Type

5. I often eat green apple at home at 7 p.m

Type

6. I often eat two green apples happily at home at 7 p.m

Type

The sentence "I often eat two green apples happily at home at 7 pm" includes 20% of the entire English grammar and if you can understand every word, its type, what it stands there for, so it means that you got 20% of English grammar.

Solution:

I often eat two green apples happily at home at 7 p.m.

Pronoun	V _{main}	Adj + N	Adv _{manner}	Adv _{time}
	Adv _{frequency}	Number		Adv _{place}

I = Pronoun: pronoun used as Subject in the sentence.

Often = Adv_{frequency}: adverb to show how often the action (Verb) happens in the sentence.

Eat = V_{main}: also known as the normal verb, it used to be affected by the subject (S) and it impacts on Object (O) in the sentence.

Two = number: to show quantity of noun (N) behind it.

Green = Adj: adjective used to modify meaning to noun "apple".

Apple = N: Noun used as Object in the sentence to be affected by the action "eat" caused by Subject "I" in the sentence.

At home = Adv_{place}: to show the place to eat apple is "at home".

At 7 p.m = Adv_{time}: to show the time to eat apple is "at 7 pm".

Exercise 2: Test your proficiency in 7 English tenses:

7 English tenses show that your proficiency in English grammar is 30%. If you can complete the exercises below, it means that you have mastered 30% of English grammar.

Method:

In English, you use tenses based on words showing time in the sentence. For example, you see the word "tomorrow" then you know that you must use the Future tense and the verb form will be "will + V₀".

S + V + O Adv_{time}

The Present tense is defined by the Adv_{frequency} (a kind of Adv to show time) such as "always, often, everyday, everymonth ..." or if you don't see the word to show time, it means that you should use the Present tense.

The Present Perfect is defined by the time words "since, for" or some other words like "yet, already" ...

Example: Put the verbs in the suitable form:

She (eat)_____apple tomorrow.

"Tomorrow" is Adv to show time in future, it means that we use the Future tense in this sentence.

She will eat apple tomorrow.

Exercise: Put the verbs below in the suitable form:

1. She (eat) _____apple everyday.
2. She (not eat)_____apple everyday.
3. She (eat) can_____apple everyday.
4. She (eat)_____apple yesterday.
5. She (not eat)_____apple yesterday.
6. She (eat)_____apple next week.
7. She (not eat)_____apple next week.

8. She (eat)_____apple now.
 9. She (study)_____English now.
 10. She (study)_____English since 2006.

Solution:

1. She (eat) eats apple everyday.
 2. She (not eat) doesn't eat apple everyday.
 3. She (eat) can eat apple everyday.
 4. She (eat) ate apple yesterday.
 5. She (not eat) didn't eat apple yesterday.
 6. She (eat) will eat apple next week.
 7. She (not eat) will not eat apple next week.
 8. She (eat) is eating apple now.
 9. She (study) is studying English now.
 10. She (study) has studied English since 2006.

Exercise 3: Test your ability to translate the language:

This ability shows that you've mastered 20% of English grammar. If you can translate the exercise below, you've already mastered 20% of English grammar.

Method:

We translate English with the following method:

S	+	V	+	O
Position: 1		2		3

It means that we always translate English from left to right, Subject (S) first, then Verb (V), and Object (O) last.

Example: I eat apple

Root structure: S V O

Type: Pronoun V_{main} N

Position: 1 2 3

In English, when we have N phrase that has Adj in front of it, then we must translate noun first and then Adj and then continue translation from left to right.

Example: I eat green apple at home.

Root structure: S V O

Type: Pronoun V_{main} Adj+N Adv_{place}

Position: 1 2 4 3 5 6

Exercise: This exercise tests your translation ability by numbering position for each word below:

1. He is student

Position:

2. He is a student

Position:

3. He is a good student

Position:

4. Do you know me?

Position:

“Do” is Auxiliary Verb, and we don’t translate it.

5. What **do** you often do in your free time?

Position:

In this sentence, we have 2 verbs "do ":

"do" first is the auxiliary verb, we don't translate.

"do" second is the main verb, so it will be translated.

Thus, "do" being a main verb or an auxiliary verb depends on its position.

Solution:

1. He is student

Position: 1 2 3

2. He is a student

Position: 1 2 3 4

3. He is a good student

Position: 1 2 3 5 4

4. **Do** you know me?

Position: 1 2 3

"Do" is Auxiliary Verb, we don't translate it.

5. **What** do you often do in your free time?

Position: 4 1 2 3 5 8 7 6

The reason we translate this sentence like above is because it's formed from the answer and we figure out its position:

Answer: I often go **picnic** in my free time.

Position: 1 2 3 4 5 8 7 6

What: is located at number 4, we must translate it at number 4 in the question.

Exercise 4: Test your ability of asking a question:

Asking a question tests your ability to combine between translation skill and grammar skill. It includes 20% of English grammar. If you can ask question and number position correctly, you have mastered 20% of English grammar.

Method:

We translate English with the following method:

	S	+	V	+	O
Position:	1		2		3

In English, we create a question based on words we need to ask:

Example: You eat apple

Position:	1	2	3
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If you want to ask about “apple”, you should use the following method:

You eat apple

You eat what

Position:	1	2	3
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In the “W-H” question, the words “W-H” always stand in the first position of a sentence:

What do you eat?

Position:	3		1	2
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Exercise: Ask the question for the underlined words and number each word position:

1. He loves Mary!

Question:

Position:

2. He loves Mary!

Question:

Position:

3. She is beautiful!

Question:

Position:

4. She eats apple!

Question:

Position:

5. She is watching film!

Question:

Position:

Solution:

1. He loves who!

Question: Who does he love?

Position: 3 1 2

2. who loves Mary!

“Who” stand in position of Subject (S), we don’t need to use Auxiliary Verb like other sentences.

Question: Who loves Mary?

Position: 1 2 3

3. She is how!

Question: How is she?

Position: 3 2 1

4. She eats what!

Question: What does she eat?

Position: 3 1 2

5. She is watching what!

Question: What is she watching?

Position: 4 2 1 3

Lesson 2: Stop learning grammar

In each language (not only English), you’ll have many different grammar points, but should you learn all the grammar points? It shouldn’t if you don’t want to waste your time.

For example, in your mother language, are you sure that you know all the grammar points? The answer is definitely "No". In fact, you’re almost no need to learn any grammar points, but you still speak your mother language naturally and fluently.

It's the same in English, you don't need to learn all the grammar points and you only need to learn some basic grammar points so that you can communicate English naturally and fluently.

If you want to speak English naturally and fluently, stop learning Grammar. If you learn grammar so much, you can't speak an English sentence out easily. It's because you must keep your sentence in correct grammar and it'll take you so much time to speak it out. There's nothing wrong if you learn grammar so much but it's not helpful for you if you want to master English speaking.

If you want to speak English naturally and fluently, practice speaking frequently and forget grammar. Otherwise, grammar for Speaking is simple and if you can pass the test above and understand the most important structure below, it means you have enough grammar for learning Listening and Speaking skills.

In English, the most important structure is:

S + V + O₁ + O₂

Example:

- | | |
|-------------------------------|--------------------------------------------------------------|
| 1. I give you an apple | S + V + O _{1-person} + O _{2-thing} |
| 2. I give an apple to you. | S + V + O _{1-thing} + to + O _{2-person} |
| 3. I don't give you an apple. | S + don't + V + O _{1-person} + O _{2-thing} |
| 4. Do you give me an apple? | Do + S + V + O _{1-person} + O _{2-thing} ? |
| 5. Who do you give an apple? | Who + do + S + V + O _{1-thing} ? |

In English, the grammar is the combination of the major components such as Subject (S), Verb (V), O (Object) and if you know this combination, it means you have enough grammar to learn English speaking skill efficiently.

Unlike English writing (require high accuracy), English speaking only requires you know how to express your idea so that other people can understand. if you

can understand 5 examples above, you have enough ability to learn to speak English naturally and fluently.

Look at 5 examples above:

Example 1 & 2: describe relationship between O₁-person and O₂-thing

If O₁-person is in front of O₂-thing, we don't use preposition "to".

If O₁-thing is in front of O₂-person, we must use preposition "to".

Example 3: a negative sentence, it's described by "not".

Example 4: Yes/No question, and you will see V in front of O.

Example 5: W-H question and you will see "Who" and V in front of O.

Do you understand this structure? I'm sure you've mastered this grammar point strongly, but why can't you speak English? There are two main reasons:

You don't have enough necessary vocabulary for English communication.

You never practice communicating English (or don't know an efficient method to practice communicating English).

You can't speak English naturally and fluently because you can't handle these two problems. It doesn't come from your grammar, I'm sure you have enough grammar (if you passed the exercises above) and the main reason is from your learning method and from yourself.

The last problem:

Many English learners learn vocabulary and try to put many single words together to create a proper sentence. It's amazing how many single words they can remember, but they can't create a proper sentence. The reason is because they didn't study phrases. When children learn a language, they learn both

words and phrases together. Likewise, you need to learn words and phrases at the same time.

If you know 1000 words, you might not be able to make a correct sentence. But if you know 1 phrase, you can make hundreds of correct sentences. If you know 100 phrases, you'll be able to speak English very well. Finally, when you know 1000 phrases, you'll be fluent in both English Grammar and English Speaking.

Summary:

These exercises can be very simple but actually they contains 90% English grammar. In fact, complex grammar is only the expansion of the grammar above to help you learn more vocabulary and more practice. If you can complete these exercises and practice the skills presented in this book, I'm sure that your grammar will be equal as a 3-year student.

If you complete all 4 exercises correctly, take my congratulations, you've mastered 90% of English grammar. The other kinds of grammar are the extension of grammar based on these 4 exercises with the amount of new vocabulary, they have many forms, but they only include about 10% of English grammar.

Because it's not essential grammar, so with 90% grammar that you have, you can completely master 2 skills "Speaking and Listening" within 3 months if you follow the steps presented in this book.

If you haven't done all these exercises correctly yet but you can understand your mistakes from my explanation and how to correct them, it means that you've mastered these kinds of grammar. Don't underestimate your ability because you usually learned grammar by doing passive exercises in the past. With the active and interactive exercises presented in the book, you can completely speak English naturally and fluently as well as learn grammar easily.

Otherwise, you're also tested your vocabulary. If you can read this book until this line, it means you're excellent in vocabulary. Not so many people have the same words as you and it's your advantage. Then, the last thing you should try to do to fully master English speaking is "**A method to learn English speaking and Practice it within 3 months**" and that's is how this book will help you!

With knowledge of English that you have been equipped from the book, you can completely confident to go to an interview for job in a foreign company and have a hope to expect high salary as you wish or you can be confident to go to an interview for visa for studying purpose or other purposes in Embassy.

Wish you success!